

TEEN OF IMPACT



American Heart Association.
Teen of Impact

Teen of Impact challenges teens to lead with purpose and create real change in their communities.

Your voice. Your team. Your impact.

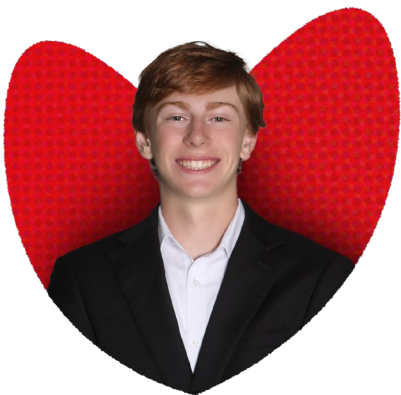
Over a 9-week competition, nominees build teams, set goals, and take action—raising awareness and funds for lifesaving research, education, and advocacy. The nominee with the greatest local impact is named the winner their city and the top nominee nationwide earns the title of the American Heart Association's National Teen of Impact Winner.

This is your moment. Own it.

The future of heart health starts with you.
Step up. Speak out. Be the next Teen of Impact.



OUR MISSION: To be a relentless force for a world of longer, healthier lives.



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This campaign is a great opportunity to get involved with your community and address health concerns that are becoming more prevalent each year in this country. As a Teen of Impact nominee, I learned how the American Heart Association is tackling local health priorities—and how I could be part of the solution to drive lasting change.

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LAD OBORNY | WITCHITA, KS

2025 NATIONAL TEEN OF IMPACT WINNER

ARE YOU READY TO MAKE AN IMPACT?

CAMPAIGN TIMELINE

2/6

**KICK OFF &
NATIONAL
WEAR RED DAY**

National Teen of Impact
Launch at 9 A.M. local time

3/9

**CAMPAIGN
MIDPOINT
WEEK**

4/9

**CAMPAIGN
CULMINATION**

National Campaign End
at 9 P.M. local time

4/15

**MOMENT OF
IMPACT**

Winners and collective
impact announced and
celebrated